

29 April 2010

## **Follow Julia Bradbury and walk amid South Africa's landscapes**

For those inspired by Julia Bradbury's South Africa Walks – taking in some of the best walking areas in the world including the Garden Route and the Drakensberg mountains as shown on BBC4 this week – **HF Holidays** is highlighting its two guided walking holidays to South Africa.

For example, its 13-day [Drakensberg and Zululand](#) guided walking holiday takes in not only the cliffs, gorges and valleys of the Drakensberg mountains but also the Zulu homelands, the Anglo-Zulu battlefields, the wildlife and coastal reserves in Maputaland and the Elephant Coast.

Starting 8 October and 5 November, the twin-share costs are £2395 and £2450 per person respectively including return Heathrow flights, 10 nights' full-board accommodation in mountain and games lodges, a full programme of guided walks led by local guides and an HF Holidays' leader, plus sightseeing, entrance fees and travel by air-conditioned coach.

Alternatively, the 13-day [Cape & Garden Route](#) guided walking and sightseeing holiday takes in the region's wonderful landscapes with highlights including a walk on Table Mountain as well as in the Swartberg countryside and along the coastal Garden Route, a visit to Robben Island and game drives in the Kariega Game Reserve.

Starting 25 September and 23 October, the cost is £2450 per person, twin-share, inclusive of return Heathrow flights, 10 nights' full-board accommodation in four-star hotels and lodges, a full programme of guided walks led by local guides and an HF Holidays' leader, plus sightseeing, entrance fees and travel by air-conditioned coach.

**Reservations: 0845 470 7558, [www.hfholidays.co.uk](http://www.hfholidays.co.uk)**

Ends

For further information contact HF Holidays' PR Manager Vladi Harris on 020 8732 1236. Release issued by Shirley Robins at Beacon PR 01572 748 800

Editor's Note:

- HF Holidays features an extensive range of sociable walking and leisure activity holidays in the UK, Europe and Worldwide
- The company owns and operates 17 Country Houses in the UK's National Parks and Areas of Outstanding Natural Beauty
- HF Holidays is a co-operative society founded in 1913
- The company has donated over £250,000 so far to environmental projects around the country through its Pathways Fund
- The company supports local communities, Mountain Rescue Teams, Air Ambulances and many more
- HF Holidays is a member of ABTOT and is ATOL protected