

12 August 2010

Choice of UK August Bank Holiday Walking Breaks

England, Scotland or Wales . . . that's the choice this August Bank Holiday for those looking for a last-minute guided walking break amid Britain's beautiful countryside suggests **HF Holidays**, the UK's largest walking and leisure activity holidays company.

In Wales, for example, enjoy a seven-night guided walking holiday starting 28 August – based at the company's Bryn Corach Country House in [Conwy](#) – which takes in the mountains and valleys of Snowdonia with highlights including the Nant Gwynant Valley, Conwy Mountain and Snowdon at a cost of £623.

Or explore the lochs, glens, ridges and peaks of the [Scottish Highlands](#) – such as the valley of Glen Coe, remote Ardgour and Ben Nevis – on a seven-night guided walking holiday, starting 28 August, which is based at its Country House at Alltshellach, situated on the shores of Loch Leven, and costs £623.

Turning to England, the seven-night holiday on [Dartmoor](#) – also starting 28 August and priced at £623 – based at its Moorlands Country House near Haytor features a selection of guided walks on Dartmoor National Park with highlights including Dart Valley, Haytor Rocks as well as Yes Tor and High Willhays on the wild northern moor.

All prices quoted are per person, based on two sharing and include full board accommodation, the programme of organised walks and social activities, transport to and from the walks, plus the services of an HF Holidays' walks leader.

Reservations: 0845 470 7558, www.hfholidays.co.uk

Ends

For further information contact HF Holidays' PR Manager Vladi Harris on 020 8732 1236. Release issued by Shirley Robins at Beacon PR 01572 748 800

Editor's Note:

- HF Holidays features an extensive range of sociable walking and leisure activity holidays in the UK, Europe and Worldwide
- The company owns and operates 17 Country Houses in the UK's National Parks and Areas of Outstanding Natural Beauty
- HF Holidays is a co-operative society founded in 1913
- The company has donated over £250,000 so far to environmental projects around the country through its Pathways Fund
- The company supports local communities, Mountain Rescue Teams, Air Ambulances and many more
- HF Holidays is a member of ABTOT and is ATOL protected