

19 August 2010

Early autumn: the ideal time for a European walking holiday

Early autumn – late September/early October – with its comfortable temperatures is the ideal time to enjoy a European walking holiday says **HF Holidays**, the UK's largest walking and leisure activity holidays company.

Head to the Spanish side of the Pyrenees, for example, and enjoy £100 saving on a seven-night guided walking holiday – based in the small mountain village of [Setcases](#) in Catalonia – which takes in remote valleys and medieval villages, the unique landscape of the Garroxta volcanoes as well as traditional Catalanian cuisine.

For departures on 2 October, the revised price is £649 (saving £100) per person, twin-share, inclusive of return Heathrow flights, transfers and half-board accommodation at the three-star Hotel La Coma, the programme of organised walks and the services of an HF Holidays' walks leader.

Alternatively, the seven-night guided walking holiday on the Italian island of [Sicily](#) includes highlights such as the volcanic landscapes on the slopes of Mount Etna, the medieval hilltop villages of the Alcantara Valley and the town of Taormina with its Roman amphitheatre.

Starting 25 September and 2 October, the cost is £499 per person (land-only) or £719 inclusive of return Gatwick flights and transfers. These twin-share prices include half-board accommodation at the three-star Hotel Airone near Zafferana Etnea, the programme of organised walks and the services of an HF Holidays' walks leader.

Reservations: 0845 470 7558, www.hfholidays.co.uk

Ends

For further information contact HF Holidays' PR Manager Vladi Harris on 020 8732 1236. Release issued by Shirley Robins at Beacon PR 01572 748 800

Editor's Note:

- HF Holidays features an extensive range of sociable walking and leisure activity holidays in the UK, Europe and Worldwide
- The company owns and operates 17 Country Houses in the UK's National Parks and Areas of Outstanding Natural Beauty
- HF Holidays is a co-operative society founded in 1913
- The company has donated over £250,000 so far to environmental projects around the country through its Pathways Fund
- The company supports local communities, Mountain Rescue Teams, Air Ambulances and many more
- HF Holidays is a member of ABTOT and is ATOL protected